

| Date | Fort Denison Tide EST | Ryde Tide (Adj for DS) | (L)/H m | Duty Class | Afternoon Races 14:05 | Cadet, Jnr Heron & Intermediate Spiral 12:20 | Association & Other Events at CRSC | Other Association Events |
|--------|-----------------------|------------------------|---------|---------------------------|--|--|--------------------------------------|--|
| 29-Aug | 11:01 | 11:16 | (0.58) | | Club Cleanup and informal race (afternoon), weather permitting | | | |
| 5-Sep | 10:05 | 10:20 | 1.46 | | Melrose 1 | Melrose 1 | | |
| 12-Sep | 9:10 | 9:25 | (0.70) | All | Melrose 2 | Melrose 2 | | Spiral coaching ASC 12-13th |
| 19-Sep | 9:27 | 9:42 | 1.72 | | SPS1 | SPS1 | Heron Interclub Spiral Coaching 20th | |
| 26-Sep | 9:45 | 10:00 | (0.67) | | CC1 | CC1 | Spiral Coaching 27th | |
| 3-Oct | 15:02 | 15:17 | (0.41) | | Rod Walker Day Handicap Start | Rod Walker Day | | Spiral TT1 Jervis Bay LWE Regatta 3-4th |
| 10-Oct | 14:59 | 15:14 | 1.46 | | SPS2 | SPS2 | | |
| 17-Oct | 9:15 | 9:30 | 1.81 | Heron | CC2 | CC2 | BBQ - Spirals | |
| 24-Oct | 9:09 | 9:24 | (0.73) | | SPS3 | SPS3 | Discover Sailing Day 25th | Heron Interclub, Dobroyd 24th YMCA Multihull Regatta 24-25th |
| 31-Oct | 15:10 | 15:25 | (0.42) | | SPS4 | SPS4 | | ACT Dinghy Titles Spiral TT2 NS14 ACT Champs Heron ACT Champs 31-1st |
| 7-Nov | 13:23 | 13:38 | 1.56 | | CC3 | CC3 | Presentation Day | |
| 14-Nov | 14:25 | 14:40 | (0.23) | Spiral | SPS5 | SPS5 | | Spiral NSW States Manning Point, Taree 14-15th |
| 21-Nov | 13:59 | 14:14 | 1.61 | Cat, Tasar, NS14, Firebug | Marathon, 13:05 start | No Race | AGM | |
| 28-Nov | 14:15 | 14:30 | (0.50) | | SPS6 | SPS6 | | Heron NSW States, 28-29th Paper Tiger States, Kembla Classic 28-29th |
| 5-Dec | 12:13 | 12:28 | 1.71 | | CC4 | CC4 | | |
| 12-Dec | 13:20 | 13:35 | (0.37) | | SPS7 | SPS7 | XMAS Party | Heron Battle Of Waterloo 12-13th |
| 19-Dec | 12:35 | 12:50 | 1.74 | All | SPS8, Handicap Start | SPS8 | | |
| 26-Dec | 13:11 | 13:26 | (0.61) | | No Race | No Race | | NS14 Nationals GSC, 28-31st |
| 2-Jan | 11:14 | 11:29 | 1.84 | | Festive 1 Short Courses | Festive 1 | | |
| 9-Jan | 12:09 | 12:24 | (0.51) | All | Festive 2 Short Courses | Festive 2 | | Spiral TT4 Nowra Marathon, 10th Heron Nationals, Largs Bay, 9-16th Tasar Nationals, Paynesville, 2-9th |
| 16-Jan | 11:26 | 11:41 | 1.83 | | APS1 | APS1 | | |
| 23-Jan | 11:39 | 11:54 | 0.72 | | Australia Day Trophy Handicap Start | Australia Day Trophy | Australia Day sail past | Spiral Nationals, 23-25th |
| 30-Jan | 10:15 | 10:30 | 1.91 | Heron | CC5 Sail for Cancer | CC5 Sail for Cancer | Spiral TT5 | |
| 6-Feb | 10:48 | 11:03 | (0.57) | | APS2 | APS2 | | |
| 13-Feb | 10:22 | 10:37 | 1.83 | | APS3 | APS3 | | Spiral TT6, 13-14th Heron Junior States, NLSC, 13-14th |
| 20-Feb | 9:38 | 9:53 | (0.74) | | CC6 | CC6 | | |
| 27-Feb | 9:12 | 9:27 | 1.90 | | Ryde Games Handicap Start | Ryde Games | 75th Anniversary Weekend | |
| 6-Mar | 9:24 | 9:39 | (0.55) | Cat, Tasar, NS14, Firebug | APS4 | APS4 | | Spiral TT7 Oak Flats 6-7th Heron Vic States |
| 13-Mar | 9:20 | 9:35 | 1.76 | | CC7 | CC7 | BBQ - Heron | Heron Singlehanders 13-14th |
| 20-Mar | 13:45 | 14:00 | 1.21 | | APS5 | APS5 | | Heron Interclub Teralba 20-21st |
| 27-Mar | 14:30 | 14:45 | (0.30) | Spiral | APS6 | APS6 | Trivia Night Fri 26th | Spiral TT8 Fitzroy Falls 28th |
| 3-Apr | 14:05 | 14:20 | 1.31 | Easter, No Race | Easter, No Race | | | |
| 10-Apr | 13:35 | 13:50 | (0.44) | Spiral | CC8 | CC8 | BBQ - NS14, Tasar, Cat, Bug | |
| 17-Apr | 11:35 | 11:50 | 1.28 | All | APS7 Handicap Start | APS7 | | Spiral TT9 Chipping Norton 17th Heron North Coast Champs QLSC/Coffs 17-18th |
| 24-Apr | 12:08 | 12:23 | (0.38) | All | Novelty or re-sail | Novelty or re-sail | | |
| 1-May | 11:55 | 12:10 | 1.39 | | No Race | No Race | | Spiral TT10 BYRA Peter Loft 2nd Heron QLD States Lake Cootharaba 1-2nd |